

# I.C.E.

## Indoor Cycling Education



# CERTIFICATE OF ATTENDANCE

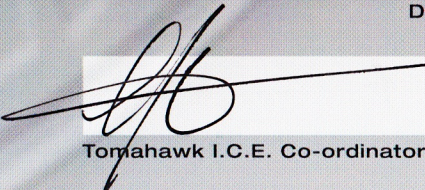
The person named below has completed the 2-day Grade 1 Training comprising of the basic theoretical and practical components of Tomahawk I.C.E. Indoor Cycling

Mr./Ms.

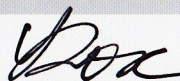
Goël Liliane

Date 

27	10	2002
Day	Month	Year

  
Tomahawk I.C.E. Co-ordinator

FITS-FORMATION  
022 779 10 62

  
Tomahawk I.C.E. Trainer



# *Certification*

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## *Music (CEMU)*

*This certificate of achievement is awarded to:*

*Liliane Goël*

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*776450*

---

*for the successful completion of the SCHWINN® CYCLING  
Continuing Education course on Music.*

*Congratulations on furthering your knowledge of SCHWINN® CYCLING!*

*Date:*

*2 Avril 2005*

*Signature:*

*Phases Morimann*

**SCHWINN CYCLING**

**SCHWINN**

Fitness Academy





# Certification

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## Class Design (CECD)

This certificate of achievement is awarded to:

*Liliane Goël*

*776450*

for the successful completion of the SCHWINN® CYCLING  
Continuing Education course on Class Design.

Congratulations on futhering your knowledge of SCHWINN® CYCLING!

Date:

*24. Sept. 2006*

Signature:





# Certification

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## Target Heart Rate Zones

This certificate of achievement is awarded to:

*Liliane Goël*

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for the successful completion of the SCHWINN® CYCLING  
continuing education course on Target Heart Rate Zones.

Congratulations on furthering your knowledge of SCHWINN® CYCLING!

Date: 5 Mai 2007

Signature: *Jones*





# Certification

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## Interval Workshop (WS Int)

This certificate of achievement is awarded to:

*Liliane Goël*

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*776450*

---

for the successful completion of the SCHWINN® CYCLING  
Interval Workshop.

Congratulations on futhering your knowledge of SCHWINN® CYCLING!

Date: 3 May 2008

Signature: 





# Certification

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## Interval Workshop (WS Int)

This certificate of achievement is awarded to:

*Liliane Goel*

*776450*

for the successful completion of the SCHWINN® CYCLING  
Interval Workshop.

Congratulations on furthering your knowledge of SCHWINN® CYCLING!

Date:  
12.12.2015

Signature:



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# Continuing Education

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## Workshop Strength

This certificate of achievement is awarded to:

*Liliane Goel*

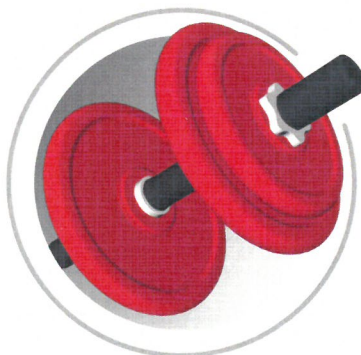
776450

for the successful completion of the SCHWINN® CYCLING  
continuing education course on Workshop Strength.

Congratulations on furthering your knowledge of SCHWINN® CYCLING!

Date:

12.12.2015



Signature:

